Drugs and Alcohol: A Beginners Guide

PEOPLE can find out more about the real impact of drugs and alcohol by attending city talks.

Two talks in May will aim to answer all your questions on drugs and alcohol. ‘Drugs and Alcohol: A Beginners Guide’ will be presented by Rod Darby from the Drug and Alcohol Team at Leicestershire Partnership NHS Trust.

The first will take place today at The Peepul Centre, Orchardson Avenue, Leicester. The free talk will start at 6pm and run until 8pm. The presentation will be interactive and attendees will have an opportunity to ask questions.

This will be repeated on Tuesday May 25 at St Peters Church Hall, Woodshaw Rise, Braunstone, Leicester from 6pm till 8pm.

Rod Darby, Drug and Alcohol Team Manager at Leicestershire Partnership NHS Trust, said: “We are keen people understand the issues surrounding drugs and alcohol and the negative effects they can have on the communities within Leicester.

“This is a great chance for local people to ask questions about drugs and alcohol. These talks offer an opportunity for the community to learn more about the wide range of health and wellbeing services in their area.”

Joanne Atkinson, consultant in public health at NHS Leicester City, said: “In Leicester city one in five people drink more than double their daily limits. These people could be putting their health at risk now and in the future. The
rate of alcohol-related admissions to hospitals in Leicester is more than one and a half times the England rate at more than 6,000 in 2008/09.

“These talks are a vital tool for explaining the risks of alcohol and drug use in the city.”

These talks are part of a 12 part series planned for 2010 which will be delivered jointly by NHS Leicester City and Leicestershire Partnership NHS Trust. They have been organised by both organisation’s engagement teams who work to get more people involved in how local health services are planned and developed.

To find out more about how you can get involved or become a member of either organisation call 0116 295 4183 or email samantha.quinn@leicspart.nhs.uk

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Editor’s notes:
NHS Leicester City is the organisation which plans, develops and commissions local health services to meet the needs of all those living in Leicester. Leicestershire Partnership NHS Trust provides mental health and learning disability services for the people of Leicester, Leicestershire and Rutland.

For interviews or more information please contact press officer Liz Mattock on 0116 295 4123 or liz.mattock@leicestercity.nhs.uk